

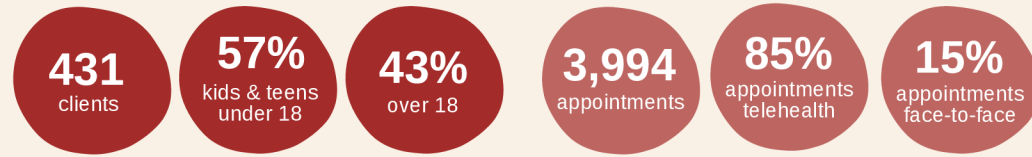


thriving bush communities

Delivering allied and mental health services for people

Our multi-disciplinary team delivered telehealth and face-to-face appointments, supporting people to:

- improve their wellbeing and tackle life's ups and downs through **psychology, counselling and mental health social work services**
- build their communication skills through **speech pathology services**
- strengthen their social and life skills through **occupational therapy services**



PEOPLE OF ALL AGES ACCESSED CONSISTENT ALLIED AND MENTAL HEALTH SUPPORT THAT'S MAKING A LIFETIME OF DIFFERENCE:



"Outback Futures supports me as a parent, as well as our educators, to support our kids because we can't all know everything."

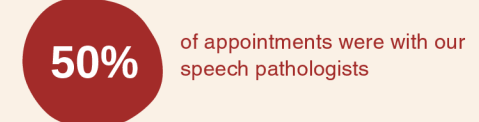
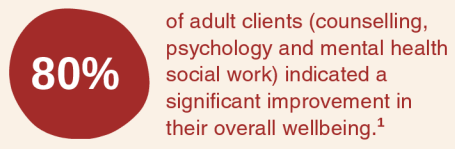
Teonie's daughter Ruby has received regular support from an Outback Futures speech pathologist.



Watch Teonie and Ruby's story



Following the end of a long-term relationship, Lily* reached out to Outback Futures. Struggling with depression, Lily was seeking coping tools, and strategies to help her connect with her emotions, grow and move forward. After 10 months of regular support, Lily's wellbeing has significantly improved, she has a toolkit of strategies, and a trusted relationship with a counsellor who she can check in with if and when she needs in the future.



Facilitating wellbeing initiatives with communities

Our team facilitated community wellbeing initiatives, focusing on today and tomorrow to make a lifetime of difference for communities. These have included:

- **Community wellbeing facilitation** such as community conversations, focus groups, and working groups.
- **Wellbeing workshops** for workplaces, community groups, councils, industry, First Nations people and communities, and schools.
- **Critical incident responses** with on-the-ground support and ongoing care.

FACILITATING COMMUNITY-LED WELLBEING INITIATIVES:



Jayci is a mother of six and the driving force behind the Gather The Girls community initiative in Winton. With the support of Outback Futures, Jayci has created a safe space for teenage girls to talk about issues, ask big questions, and be themselves.

"The kids feel heard," says Jayci. "And I think a lot of young people don't get listened to or taken seriously for the thoughts and the voices that they have, and Outback Futures gives that to them here."



Watch Jayci's story

GIVING OUR LITTLEST BUSH KIDS A HEAD START IN LIFE:



"Being a parent is pretty amazing but some days can also be really hard. It can be exhausting and relentless navigating newborns, then multiple kids, baby in one arm, toddler in another, sickness, and big emotions!"

Blackall parent Laura Noble understands the joys and challenges of pregnancy and the early years of parenting in the bush, and is part of the Outback Futures Parent Peer project in Longreach, Winton, Blackall and Tambo.

"It's great being part of a program which has rural parents and families at the forefront. It's exciting to meet, connect with and provide support for our local parents in those first couple of years of their baby's life."

A workforce solution giving more people access to more services

Outback Futures' Work In Work Out (WIWO) workforce model continues to be a proven solution addressing the workforce turnover issues that significantly impact service accessibility in the bush.

100% of community stakeholders surveyed indicated Outback Futures' WIWO model fits their community's needs.²

79% of clients surveyed agreed that Outback Futures' WIWO model improved their access to services, reduced the burden of travel and cost, and delivered appropriate support.³

26.5% is our average annual turnover of clinical staff since introducing the WIWO workforce solution in 2018. Turnover of health professionals in remote communities can be as high as 80% per annum.

26 allied health clinicians and community facilitators contributed to thriving bush communities.



"While our young people prefer a face-to-face model, they also identify that lack of confidentiality and anonymity in a small town are a barrier for them to accessing support services. Outback Futures overcomes this with the WIWO model."²

Community Stakeholder, Western Queensland



"In a rural and remote setting, access to services to support students can be limited due to isolation. The Outback Futures' model of service works well. Students can access consistent support in areas of need by either weekly Stay With Me telehealth sessions, or face-to-face school clinics that occur each term."²

Community Stakeholder, Western Queensland



"It's an enormous privilege to be invited into the lives of bush people and their communities, and it's a privilege we never want to take for granted."

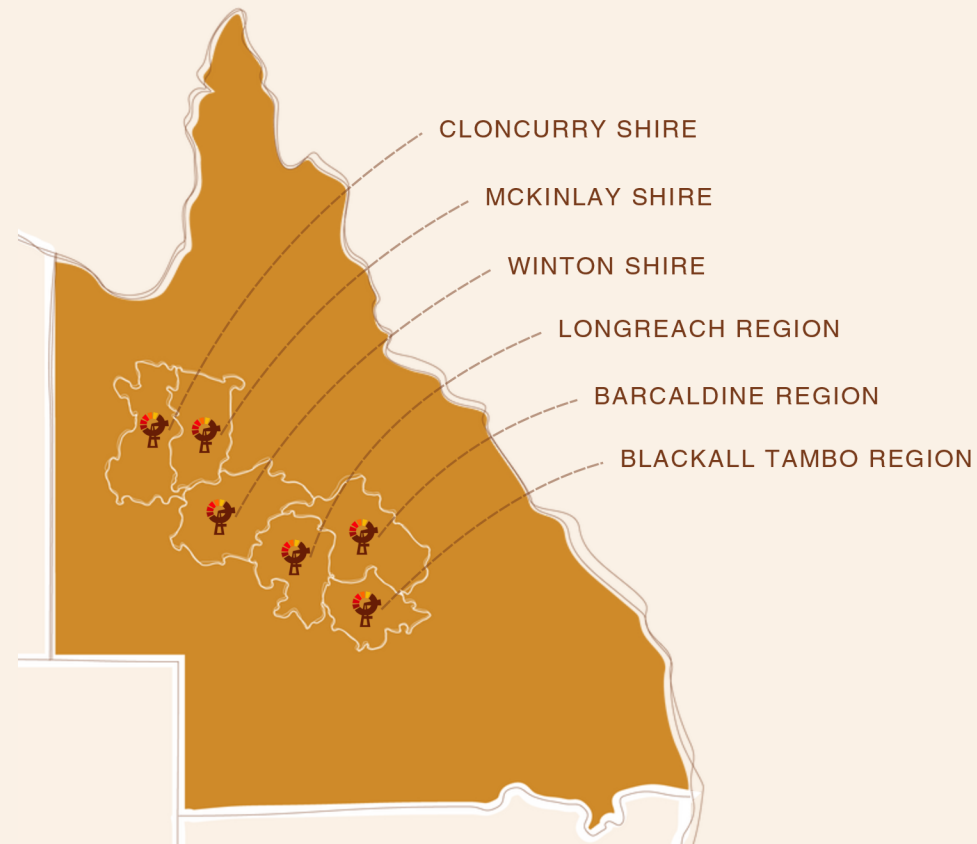
We come alongside people when they often need life changing support, and our team does a great job at providing amazing care."

Brent Sweeney, CEO (pictured left)
Peter Whip, Chair (pictured right)

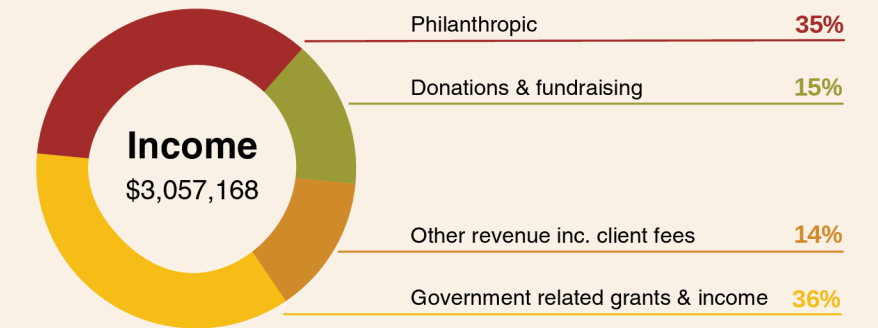
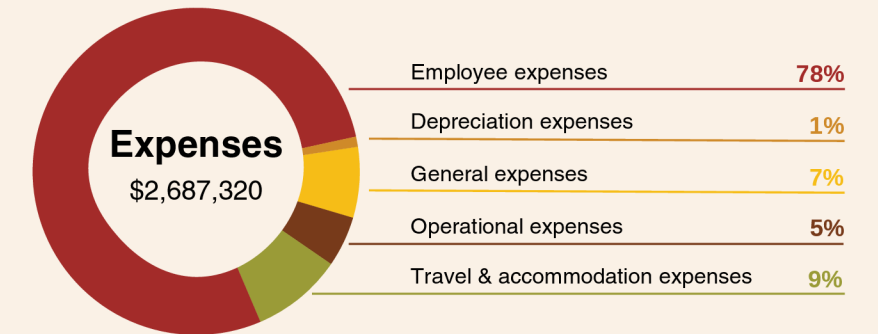


Read more from Brent and Peter, and view our complete 2024 Annual Report online.

We go the extra mile across 6 LGAs in Western Queensland



Financial summary July 2023 - June 2024



We are thankful for our generous partners

From philanthropic trusts and foundations, to government funders, corporate sponsors and individual donors, we are thankful for our financial and in-kind supporters who are committed to our outback communities and us as an organisation.



Click here to view our partner organisations

View our complete 2024 Annual Report:
outbackfutures.org.au/2024-annual-report

1. Health outcomes for OBF clients 2023-2024.
2. Outback Futures' Community Stakeholder Surveys 2023-2024.
3. Outback Futures' Client Reported Experience Surveys 2023-2024.